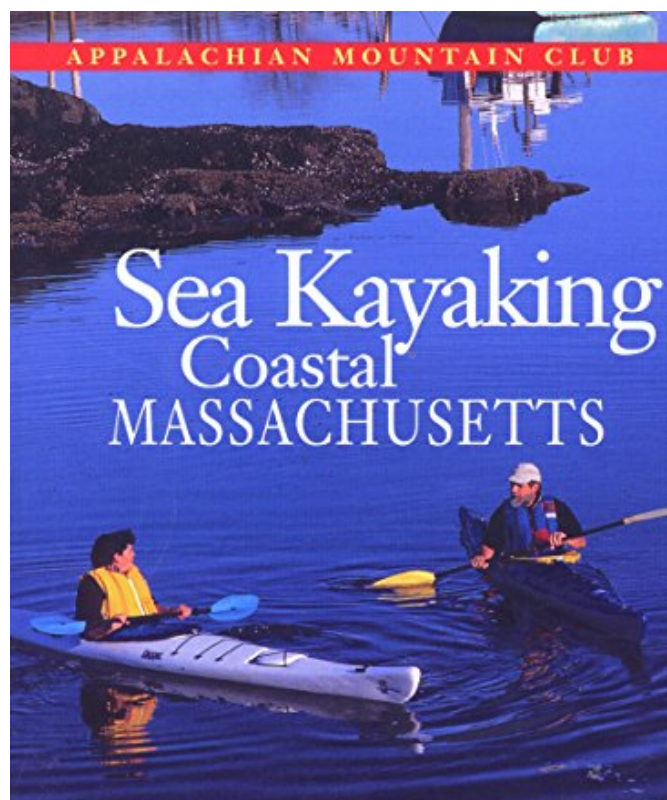


The book was found

# AMC Sea Kayaking Coastal Massachusetts



*From Newburyport to Buzzards Bay*

Lisa Gollin Evans



## Customer Reviews

I really liked this book. Not only were there a large number of well-researched trips, but there were lots of extras that made the book a great resource. The first section of the book is a review of basic kayaking information. Having read this type of information before, I nonetheless found Ms. Evans' text easy to read and helpful. I particularly liked her treatment of hypothermia, one of the main hazards of sea kayaking. The main section of this book consists of 42 carefully detailed trips. Each one begins with an overview of important information about tides, local hazards, and NOAA charts. One of the things I liked about the text was that Ms. Evans wasn't afraid to include a few subjective statements like: "Nauset Marsh is one of the most beautiful places in Massachusetts for paddling serene, unspoiled, and protected water." I found these comments helpful in making trip choices. In addition to trip details, Ms. Evans includes quite a bit of information about local access, conservation and environmental issues. Information such as why horseshoe crabs are important, why over-development harms local waters (nitrogen overloading causes oxygen depletion), and why the preservation of salt marshes is so important (they give food and shelter to 2/3rds of all commercially valuable fish and shellfish). It makes sense that Ms. Evans knows about these issues since she practices environmental law in Boston. All in all a valuable resource for Massachusetts paddlers.

Just got a kayak and this book has helped a bunch :}

Very informative for novice kayaker

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